



# CUMMINS AREA SCHOOL NEWSLETTER

Term 2, Week 1

## BUS DRIVERS

### Warrow

Chris Letton - 0407 109 352  
Kelvin Starke - 0428 852 246

### Mt Hope

Kym Griffiths - 0400 667 472

### Karkoo

Kelvin Starke - 0428 852 246

### Vanilla

Wayne Bockman - 0487 824 854

### Cockaleechee

Susan Hughes - 0477 088 043

### Douglas Well

John Norton - 0400 087 616

### Koppio/Yallunda Flat

Helen Robinson - 0428 885 017

### Brimpton Lake

Barry Boyce - 0418 762 319

Parents must contact the bus driver at least 24 hours prior to travel being required on an alternate bus.

## CONTACT US

- A. McFarlane St  
Cummins SA 5631
- P. 8676 2388
- E. DL.0754.info@schools.sa.edu.au
- W. cumminsas.sa.edu.au



Government of South Australia  
Department for Education

## PRINCIPAL'S MESSAGE

Welcome to Week 3! We have certainly hit the ground running this term, with camps, Parent-Teacher Interviews and School Photos keeping us all wonderfully busy.

Last week, our Year 4, 5 and 6 students made the journey to Arbury Park in the Adelaide Hills. This well-established camp offers students a rich range of experiences centred on nature and sustainability, and by all accounts our students had a fantastic time – embracing the cross-year level connections and further strengthening relationships with Mr. West and Mr. Breen. A heartfelt thank you to the staff who gave up their time to attend, to the parents who assisted with transport and kept a watchful eye from nearby, and most importantly, to our students for representing CAS so admirably. The feedback from the Arbury Park team was truly exceptional – one staff member shared that our students had given them hope for the future. I couldn't agree more.

Last Friday, our Junior Primary celebrated Mother's Day with a very special event. Mums, grandmas and cherished community members joined our JP students for a "Paint and Sip" morning – a lovely time of connection, creativity and celebration. It was a beautiful reminder of the wonderful community that surrounds and supports our school.

This week, our Year 12 Outdoor Education class is out in the field with Mr. Rowe and Miss Cooper, putting their bushwalking skills to the test. A little 4WDing to reach the location, some cool nights under the stars, and plenty of hands-on learning around bush survival strategies – this trek serves as a warm-up to their individual task next term. We look forward to hearing all about it!

Congratulations to Kenzie Hancock on her selection in the School Sport SA Australian Football 14-and-under girls team. This is a wonderful achievement and thoroughly deserved – as anyone who has seen Kenzie play would readily agree.

Also included in this newsletter is a message and some photos from Year 11 student Kady Koch, who is currently in the middle of a year-long exchange in Switzerland. It was a delight to receive her correspondence and hear about her adventures. We look forward to welcoming Kady back in Semester 2 and hearing even more of her stories.



# CAS WEEKLY SNAPSHOT

## TERM 2

### WEEK 3

**Mon 11/5 – Wed 13/5**

- yr 12 Outdoor Ed camp

**Wed 13/5 – Thurs 14/5**

- School Photos

### WEEK 5

**Mon 25/5 – Wed 27/5**

- SAPSASA Football, Adl

**Thurs 28/5**

- Reconciliation Week gathering

### WEEK 6

**Tues 2/6 – wed 3/6**

- Explore 2026, yr 9, Port Lincoln

**Wed 3/6**

- year 10 immunisations
- year 5 first aid in schools

### WEEK 7

**Mon 8/6**

- King's Birthday holiday

**Tues 9/6 – Thurs 11/6**

- yr 10 outdoor ed camp

**Tues 9/6 – Fri 12/6**

- year 11 exams

### WEEK 8

**Mon 15/6 – Fri 19/6**

- Yr 11 Work Experience

**Mon 15/6 – Wed 17/6**

- yr 10 Science & Engineering challenge

## 2026 TERM DATES

### Term 1

- Tuesday, January 27 – Friday, April 10

### Term 2

- Monday, April 27 – Friday, July 3

### Term 3

- Monday, July 20 – Friday, September 25

### Term 4

- Monday, October 12 – Friday, December 11

Over the past two evenings, the building has been buzzing with Parent–Teacher Interviews. These conversations are something our staff genuinely value – an opportunity to connect with families and talk about our shared hopes and goals for each student. If you would ever like to meet with one of your child's teachers outside of formal interview times, please don't hesitate to reach out via Daymap or through Jenna at the front office. We are always happy to find a time.

Have a wonderful fortnight.

Regards

Mel

**Students are not permitted on school grounds before 8:30 AM, as there will be no supervision available during that period. Thank you for your understanding and cooperation.**



## Breakfast Club

Toast & Fresh Fruit will be available every morning from **8:30am** at the canteen during the school term for our students.



## order your school photos now

to order visit: [www.advancedlife.com.au](http://www.advancedlife.com.au)

enter code: **LQ6 3N6 PYT**



scan to order

or collect a cash order envelope  
from your school office

**advancedlife**  
school photography & print specialists

## CAS PHOTO DAY: 13 & 14 MAY

## Year 7 Ultimate Frisbee Carnival

On Thursday, 7th May, our Year 7 students travelled to Navigator College to compete in an Ultimate Frisbee Carnival. We were proudly represented by two boys' teams and two girls' teams, playing against teams from Navigator College, Port Lincoln High School, and Wudinna Area School in a round-robin format. At the completion of the tournament one of our girls' teams finished the day as overall winners, while the other placed 5th. The boys' teams finished 2nd and 3rd respectively. All students demonstrated fantastic teamwork, sportsmanship, and enthusiasm throughout the day—well done to everyone involved!



## Sapsasa Cross Country

At the end of Week 1, a team of 10 students from CAS participated in the Lower Eyre Peninsula Sapsasa Cross Country event at Pioneer Park in Port Lincoln. This was a great opportunity for students in Years 4-6 to represent our school in 2km or 3km distances, compete against other runners from the LEP district, and experience running on a cross-country course.

All students were fantastic ambassadors for our school, and demonstrated determination and grit in their events. It was wonderful to hear students and supporters cheering for all athletes from the sidelines.

A few student highlights from the day included: *'Seeing my friends from other schools and competing against them'* – Caleb

*'Doing my best and introducing myself to other people my age'* – Henry

*'When I ran uphill and everyone was cheering'* – Jett

Well done to all our competitors for their best efforts on the day. It was a great event for our students to participate in. Thank you to the many parents and grandparents who transported students and cheered them on. Thanks also to Tracy Baldwin and the staff at St Joseph's School Port Lincoln for organising and running this Sapsasa event.



## Kady Koch on Exchange

Bonjour à tous!

For those who don't know, my name is Kady Koch and I'm currently on an exchange in Geneva, Switzerland. I've been here since August 2025, and I'll return at the end of June 2026.

Having been here for a while now, I speak French all the time with everyone and can handle most conversations, even with multiple people speaking. My friends all tell me I've improved a lot, which is nice to hear.

A bit over two months ago, I changed my host family. Although they were nice and we got along, I felt there was no connection, and they felt the same way. Luckily, when I was telling my friends about what had happened, one told me she'd ask if I could stay with her. So I got to move in with them a few days later. In my new family, I have my parents, Sarah and Vincent, who both speak English fluently and are very nice. My younger sister, Mila, is thirteen and we get along really well. The older sister, Léah, is fifteen and I know her from school because we have music class together. Our family also has a dog named Rena.

My last letter was written in November, and since then, I have done many things, including learning to ski. In January I went on a ski camp with all my exchange friends and went skiing with them. I've also been skiing with my new family. Although it was terrifying at first, by the end of the season I was able to go on the harder slopes by myself.

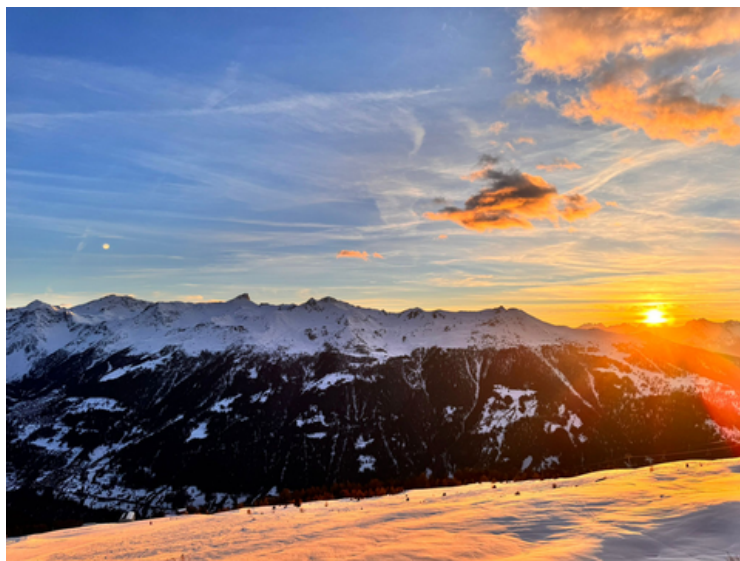
Some other things I've done include sledding, ice-skating, building snowmen, going to hockey matches, playing in some music concerts with my friends, going to festivals, visiting castles, and generally exploring Switzerland. It's warming up here now that we're coming into Summer, which I'm very grateful for. In Winter, some days the temperature got to  $-5^{\circ}$ , which I did not enjoy. We're about to finish up school, then I'll have a few weeks of exams. It's not long now until I come back, and even though I'm a bit sad because I'm going to really miss my friends and family here, I'm looking forward to seeing everyone again back home!

Au revoir,

Kady



Vincent, Mila, Leah, me and Sarah eating fondue in a chalet in France.



The view from a ski piste at sunset.



Building a snowman with Leah and Mila.



The view from the chalet.



**NATIONAL SIMULTANEOUS STORYTIME**  
27 May 2026  
www.nsl.org.au/nst NationalStorytime.com

**LUNA ROO**  
the KANGAROO BALLER

**DRESS UP AS YOUR FAVOURITE SPORTSPERSON**

**WEDNESDAY 27<sup>TH</sup> MAY, 2026**

**JP READING SESSION @ 10.30AM IN THE LIBRARY**



**Opening Hours**

Monday - 9:00am - 5:00pm  
Tuesday - 9:00am - 5:00pm  
Wednesday - 9:00am - 5:00pm  
Thursday - 9:00am - 5:00pm  
Friday - 9:00am - 5:00pm  
Saturday - 9:00am - 12:00pm

Libraries SA CUMMINS

**BABY BOUNCE, READ & GROW**

**TALK PLAY READ SING**

Join us for **BABY BOUNCE, READ & GROW**  
A fun and interactive program for young children and their carers!

When: Fridays from 9:00am (During School Terms)  
Where: Cummins Library

Sing, play, read, and create with your little ones while making new friends!

Each week we explore new books and themes with fun rhymes, crafts, and outdoor adventures.

**2026 Term 2 Themes & Books:**

- Week 1 (27): Celebrations – Train Party by Karen Blair
- Week 2 (3/5): Construction & Weather – Emma’s Little Bear
- Week 3 (10/5): Counting – One Funky Monkey
- Week 4 (17/5): Adventure – Show You Crocodile
- Week 5 (24/5): Friendship – Little Chicken Chickadee\*\*  
\*\*Gift from Gemma Anderson - Women’s Health Talk
- Week 6 (31/5): Music – Alpaca with Maracas
- Week 7 (7/6): Songs and Story – at Mirrama Place
- Week 8 (14/6): Measurement – Ben and Kir
- Week 9 (21/6): Aussie Animals & Nature – Thank You Rain
- Week 10 (27/6): Music – My Possum Plays the Drums\*\*  
\*\*Tina’s Baby Bounce

Libraries SA CUMMINS

**Listen now.**  
Your local library in your pocket.

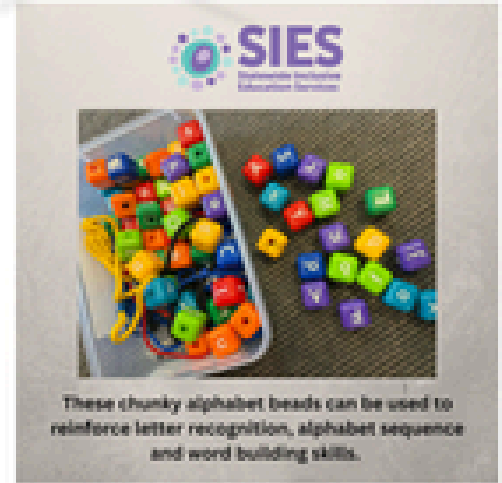
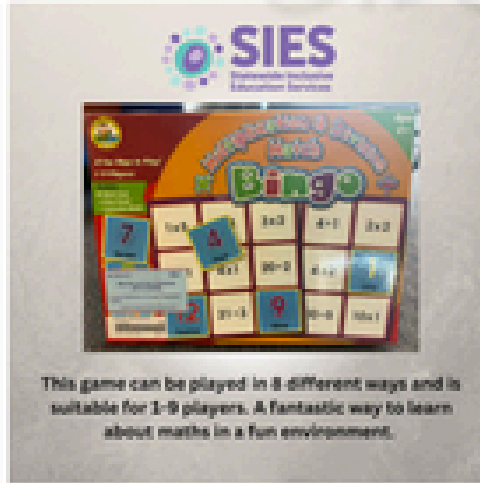
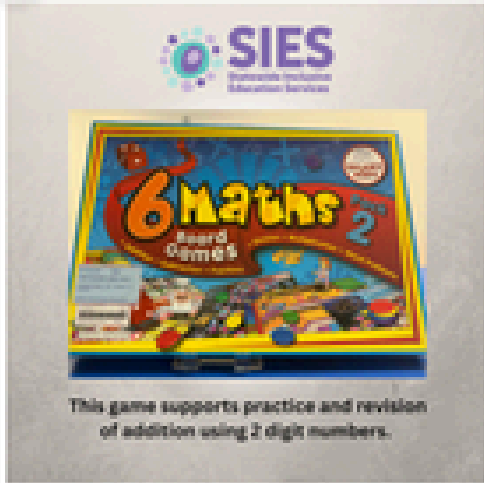
Thousands of eAudiobooks available to borrow from your local library. Join today.

**LET THEM TALK**  
THEORY  
MEL BRENDEL

**Borrow Box.**

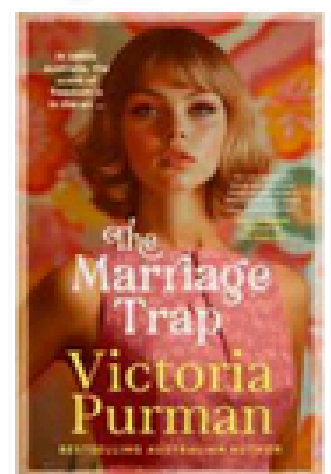
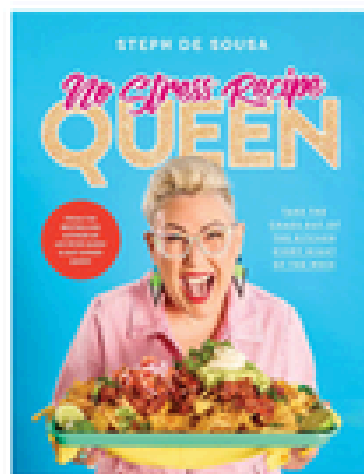
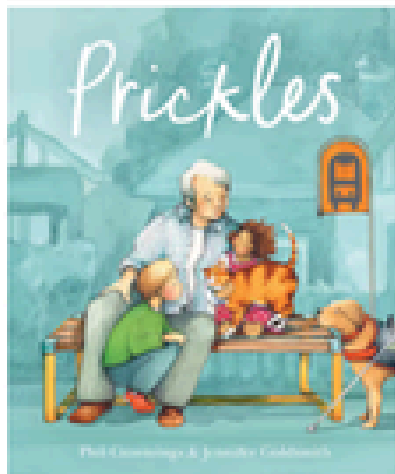


# Check out our new SIES Resources



Check out the great new SIES (Statewide Inclusion Education Services) resources that have just landed in our library for Term 2! These resources are designed to support inclusive learning for all students. Drop by the library to see what's available or contact us to find out how you can borrow them.

*Must read new titles for everyone!*



## CUMMINS AREA SCHOOL CANTEEN - ROSTER TERM 2 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wk 3	11/05/2026	12/05/2026	13/05/2026	14/05/2026	15/05/2026 Hannah Mickan Coral Wagner
Wk 4	18/05/2026	19/05/2026	20/05/2026 Simone Murnane	21/05/2026	22/05/2026 Leanne Vigar Amy Jolly
Wk 5	25/05/2026	26/05/2026	27/05/2026	28/05/2026	29/05/2026 Tegan Modra BJ Moroney

**PLEASE UPDATE THE FOLLOWING INFORMATION WITH THE FRONT OFFICE IF ANYTHING HAS CHANGED**



**HOME/RESIDENTIAL ADDRESS?**



**MOBILE NUMBERS?**



**EMAIL ADDRESSES?**



**EMERGENCY CONTACTS?**



**FAMILY INFORMATION?**

## CAS LESSON TIMES

Morning Crew	8.45am - 9.20am
Lesson 1	9.20am - 10.00am
Lesson 2	10.00am - 10.40am
<b>RECESS</b>	<b>10.40am - 11.00am</b>
Lesson 3	11.00am - 11.40am
Lesson 4	11.40am - 12.20pm
Lesson 5	12.20pm - 1.00pm
<b>LUNCH</b>	<b>1.00pm - 1.40pm</b>
Lesson 6	1.40pm - 2.20pm
Lesson 7	2.20pm - 3.00pm
Afternoon Crew	3.00pm - 3.15pm

**KARKOO**  
**play group**

**Everyone welcome to join us for some fun!**

Art, craft, singing, stories, music, play

**9.30am - 12.00 pm every Thursday morning**

Stay all morning or only part. For ages 0 - 4

Bring a piece of fruit and enjoy socialising your little ones in a friendly, creative play space.

**For more information contact  
Kate Murnane 0429 795 443**



# Could Saver Plus help with your education costs?

Google

Q Saver Plus YouTube

to see our quick explainer video and find out if you're eligible.



Saver Plus was developed by ANZ and social justice organisation the Brotherhood of St Laurence (BSL).

It is delivered in partnership with not-for-profit organisations The Smith Family, Berry Street and BSL.

ANZ and the Department of Social Services fund it.

[saverplus.org.au](https://saverplus.org.au)

Terms, conditions and eligibility criteria apply.



## Late Lunch Orders

Any late lunch orders placed by phone or Daymap to the school after the QKR cutoff must be paid for using the IOU option on QKR before the order can be processed.

Remember: no payment means no order.



## Notifying CAS of a student absence using the DayMap App

**Step 1.** Select Messages

**Step 2.** Select New Message

**Step 3.** Select Absence Notification

**Step 4.** Select Absence Reason (sick or family matters), and then student who is absent. Add a note i.e unwell or has appointment will return to school after recess.



## CUMMINS AREA SCHOOL merchandise

We have plenty of stock available from the Finance Office for any new 2025 students and replacements for any current students.

Please see either Anna Richardson or Cathy Haarsma to purchase any of the school stock.

<b>CAS MAROON HATS</b>	<b>\$14.00</b>
<b>CAS MAROON SCHOOL BAG</b>	<b>SMALL - \$50.00 LARGE - \$75.00</b>
<b>ART SMOCK, MAROON</b>	<b>\$18.70</b>
<b>PENCIL CASE, MAROON</b>	<b>\$6.50</b>
<b>CAS LIBRARY BAG</b>	<b>\$10.00</b>
<b>CASIO FX-82AU PLUS II</b> <i>(REQUIRED FOR YR 7 - 10 STUDENTS)</i>	<b>\$40.15</b>
<b>HEADPHONES (VERBATIM)</b>	<b>\$19.80</b>
<b>ATTACHE READING FOLDER</b>	<b>\$6.75</b>
<b>ZIPPER BINDER READING FOLDER</b>	<b>\$5.45</b>
<b>CASIO FX-CG50AU COLOUR GRAPHICS CALCULATOR</b>	<b>POA</b>

# ACE

Uniforms

[WWW.ACEUNIFORMS.COM.AU](http://WWW.ACEUNIFORMS.COM.AU)

### Cummins Area School Uniform Supplier

Choose "Ship to shipping address" and pay postage fee to have the order go direct to your chosen address.

### PRICE LIST

<b>SUMMER DRESS</b>	\$65.00
<b>CAS SCHOOL JUMPER</b>	\$60.00
<b>CAS POLO SHIRT</b>	\$35.00
<b>SCHOOL PANTS (BLACK)</b>	\$40.00
<b>SCHOOL SHORTS (BLACK)</b>	\$22.00
<b>BUCKET HAT</b>	\$11.00
<b>WINTER JACKET</b>	\$75.00

**7 BLACKMAN PLACE, PT LINCOLN  
PH: 0421 797 612**

## Student Lunch Passes

Students leaving the school grounds during the lunch break must carry a LUNCH PASS. There are two types of passes.

**1. REGULAR LUNCH PASS:** These will be issued at the beginning of each year on the written request of parents.

These passes are for students returning to their own home for lunch regularly. This pass is not to be used to access local shops to purchase lunch.

They may be issued to cover one or more days each week.

**2. SPECIAL LUNCH PASS:** Students are sometimes required to leave school for particular reasons on isolated occasions e.g. hair cuts, personal shopping, lunch at a friends, or a birthday party.

For each occasion, the student requires **a written request from parents through Daymap**. Students will not be permitted to phone home during the day to access a lunch pass.

Students in Year 6 or younger must be accompanied by an adult when they leave the school grounds and have the written consent of their parents if the adult signing them out is not their parent.

Students in Year 7/8/ 9 must have written parental consent and be accompanied by another student the same age or older.

Students in Year 10 - 12 are able to leave the school grounds by themselves provided they have written parental consent. Our preference would be that they don't leave the school grounds alone.

All students who leave the school at Lunch time must sign out at the computer located at the Front Office. They must sign in on their return. This is an WHS requirement and applies to students with both Permanent and Daily Lunch passes.

Cummins Area School Canteen

## Stickybeaks Lunch Bags

Paper lunch bag alternatives



**\$10.50 each**

Our Canteen has available the Stickybeaks Reusable Lunch Wallets/Bags which are great alternative to using the Paper Bags and good for our environment too.

They are available in Pink, Green, Grey, Blue, Red, and Purple and can be easily ordered and paid via our Canteen QKR page under the heading of Lunch Bag, or you can collect and pay at the Finance Office.



## 2025 SCHOOL MAGAZINE

Copies of last years magazine are still available.

**\$35 each**

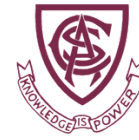
Please phone the front office to secure a copy  
8676 2388



### Responding to Peer Pressure

Peer pressure is a natural part of growing up. As children and adolescents place greater importance on friendships and belonging, the influence of peers can shape their choices, behaviour and sense of identity. While this influence can be positive, it can also create pressure to conform or take risks, particularly during adolescence.

In today's digitally connected world, peer pressure extends beyond face-to-face interactions. Social media and online communication expose young people to constant comparison and unspoken expectations about how they should look, act and perform. Understanding how peer pressure works, both on and offline, helps families support young people to build confidence, make healthy decisions and stay connected to their own values.



## CUMMINS AREA SCHOOL MAGAZINE 2026

### PRE ORDER FORM

PRICE TO BE DETERMINED – BETWEEN \$30 – \$35

*Pre order now to avoid disappointment!*

STUDENT NAME .....

PARENT NAME.....

2026 CLASS .....

QUANTITY ..... DATE .....

Invoices for magazine pre-orders will be sent out in Term 4 and will include payment options.

Magazines are due for delivery in Term 4, Week 9 2026.

## Support for your wellbeing



If you're feeling stressed, overwhelmed or finding it hard to cope with what is happening in your life, free mental health support is available.

We offer short-term confidential support for people aged 16 and over who live or work in Cummins and nearby areas.

We take time to:

- understand what matters
- explore support options that feel right for you
- support you to strengthen your connection with community
- identify strategies that are already working for you
- link you with services that meet your needs.

We provide flexible support and can meet you in the community, at home, at our service, by phone or video.

#### Contact us

Call our Community Care Coordinator

Monday to Friday, 9am – 5pm

Shane: 0488 145 922  
Carrie: 0419 515 619

#### Walk-in service

No appointment necessary

Tuesdays, 10am – 4pm

SA Ambulance Service Building  
Tumby Bay Road, Cummins

This is a Neami National service made possible by funding from Country SA PHN.





## Term 1 Dates, 2026

Come join us every third Friday after school for some fun!

Term 2  
Week 3 - 15<sup>th</sup> May  
Week 6 - 5<sup>th</sup> June  
Week 9 - 26<sup>th</sup> June

We are a Kids Club for anyone from Foundation to Year 7 with afternoons full of **fun, food & faith**-based activities.

Give Amy Maddern a call on 0429 090 276 for more information.

*If your children are meeting at the school shelter for pickup, please text Amy.*

**Finishes at Cummins Uniting Church Hall at 5.30pm**



## Term 2 Dates, 2026

Years 7 - 12

A fun & relaxed space for teens to **hang out, make friends, play games, share food and chat** about life and faith. No pressure – just good people and good fun.

Week 1- 1<sup>st</sup> May  
Week 2- 8<sup>th</sup> Life Life Louder  
Week 5- 29<sup>th</sup> May  
Week 8- 19<sup>th</sup> June

Please contact:  
Sandra Eldridge 0400 800 346 or  
Jordy Wilksch 0428 865 055 for more info.



# PRE ORDER YOUR CHICKENS

Available for collection late Term 3

Call the front office on 8676 2388 to place your order

*lovingly cared for by our year 8 students*

**\$30**



**FREE**

## FAMILY FUN FEST!

Port Lincoln Leisure Centre

Stadium games & giveaways  
ft Xtreme Kites & Paddle

Friday 15th May  
3pm - 5pm

FREE sausage sizzle!



Supported by local services

FAMILIES WEEK

CELEBRATING Every Family, Everywhere



### COMMUNITY NOTICES

Community Group advertising in the newsletter is available at a minimum cost of \$5.50 for a ¼ page. Items larger than a ¼ page will be charged accordingly with consultation with the Finance Office.

Payment needs to be made to the Finance Office prior to inclusion by Cash or Bank Transfer to our School account. No invoices will be issued for payment – a tax invoice / receipt can be issued upon request.

BSB - 633 000, ACC - 112 105 770  
REF - Newsletter & Entity Name

**Only Advertisements or notices of community interest or non-commercial value will be published.**



# CUMMINS AREA SCHOOL

## TERM TWO PLANNER 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	27/04/26	28/04/26	29/04/26	30/04/26	01/05/26
		DUX Assembly, 11am			
Week 2	04/05/26	05/05/26	06/05/26	07/05/26	08/06/26
	yr 4-6 Arbury Park Camp	yr 4-6 Arbury Park Camp	yr 4-6 Arbury Park Camp	yr 4-6 Arbury Park Camp	yr 4-6 Arbury Park Camp
Week 3	11/05/26	12/05/26	13/05/26	14/05/26	15/05/26
	yr 12 wildreness hike, CB	yr 12 wildreness hike, CB	yr 12 wildreness hike, CB	School Photos	School Photos
Wk 4	18/05/26	19/05/26	20/05/26	21/05/26	22/05/26
Week 5	25/05/26	26/05/26	27/05/26	28/05/26	29/05/26
			Simultaneous Story	NRW Celebrations	
Week 6	01/06/26	02/06/26	03/06/26	04/06/26	05/05/26
		Explore 2026 -yr 9	Explore 2026 -yr 9 Yr 10 immunisations		
Week 7	08/06/26	09/06/26	10/06/26	11/06/26	12/06/26
	KING'S BIRTHDAY	yr 11 exams Yr 10 OED bushwalk	yr 11 exams Yr 10 OED bushwalk	yr 11 exams Yr 10 OED bushwalk	yr 11 exams
Week 8	15/06/26	16/06/26	17/06/26	18/06/26	19/06/26
	yr 11 Work Experience yr 10 Science Challenge	yr 11 Work Experience yr 10 Science Challenge	yr 11 Work Experience yr 10 Science Challenge	yr 11 Work Experience	yr 11 Work Experience
Week 9	22/06/26	23/06/26	24/06/26	25/06/26	26/06/26
	yr 10 Work Experience	yr 10 Work Experience	yr 10 Work Experience	yr 10 Work Experience	yr 10 Work Experience
Week 10	29/06/26	30/06/26	01/07/26	02/07/26	03/07/26
	yr 10 Careers Trip	yr 10 Careers Trip	yr 10 Careers Trip	yr 10 Careers Trip	yr 10 Careers Trip



## Could **\$500** help pay for school camp fees or upcoming excursions?

Join Saver Plus, Australia's longest running financial education and matched savings program. Saver Plus is a free program that has supported over 68,000 people to develop lifelong savings habits and receive up to \$500 to assist with education costs.

**The Smith Family**  
is delivering Saver Plus  
To support families at  
**ALL SA Schools**

**ENQUIRE NOW**



Saver Plus was developed by ANZ and the Brotherhood of St. Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and the Department of Social Services.

### What is Saver Plus?

A free 10-month program that helps you save for your own or your children's education.

- Build lasting savings habits
- Be better prepared for unexpected expenses
- Stay in control
- Improve personal wellbeing

### Who can join?

To be eligible for Saver Plus, you must meet all of the following criteria:

- Have a Health Care Card or Pensioner Concession Card
- Receive an eligible Commonwealth social security benefit, allowance or payment\*
- Be studying yourself or have a child in school (can be starting school next year)
- Have regular income from work (you or your partner)
- Be 18+ years old

\* Many income types and Centrelink payments may qualify. Not sure if you qualify? Just fill out the enquiry form and a Savings Coach will reach out to you.

To confidentially find out more, call Saver Plus or fill out the enquiry form in the link.

1300 610 355 [saverplus.org.au](http://saverplus.org.au)



# Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Be in receipt of an eligible Commonwealth social security benefit, allowance or payment
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



[saverplus.org.au](http://saverplus.org.au)  
1300 610 355



# Tuning in to Teens

## A free 6 session workshop for parents, grandparents and carers of young people aged 12-18

*The program provides parents with a greater understanding of their teen's emotional experiences. It also explores specific skills that help parents be supportive, empathic and stay connected with their teens.*

### Learn more about:

- emotion coaching
- understanding teenage development
- supporting teens to manage difficult emotions
- promoting positive behaviour
- supporting teens to maintain friendships and deal with conflict

### When

5 – 7pm on following days:

- Session 1** – 12th May 2026
- Session 2** – 19th May 2026
- Session 3** – 26th May 2026
- Session 4** – 2nd June 2026
- Session 5** – 9th June 2026
- Session 6** – 16th June 2026

*NOTE: attendance to all workshops is strongly encouraged*

### Where

headspace Port Lincoln  
OR online via Teams

### More information

[hspiReception@youturn.org.au](mailto:hspiReception@youturn.org.au)  
(08) 7081 3616

### Register

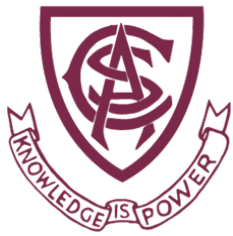


### Facilitators

**Tahlia Lee**  
headspace  
Centre Manager

**Olivia Britcher**  
headspace  
Clinical Lead





# CUMMINS AREA SCHOOL CANTEEN ROSTER TERM TWO 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Wk 1</b>	27/04/2026	28/04/2026	29/04/2026	30/04/2026	31/04/2026 Paige Minhard Sophie Blacker
<b>Wk 2</b>	04/05/2026	05/05/2026	06/05/2026	07/05/2026	08/05/2026 Bernie Crettenden Caitlin Haarsma
<b>Wk 3</b>	11/05/2026	12/05/2026	13/05/2026	14/05/2026	15/05/2026 Hannah Mickan Coral Wagner
<b>Wk 4</b>	18/05/2026	19/05/2026	20/05/2026 Simone Murnane	21/05/2026	22/05/2026 Leanne Vigar Amy Jolly
<b>Wk 5</b>	25/05/2026	26/05/2026	27/05/2026	28/05/2026	29/05/2026 Tegan Modra BJ Moroney
<b>Wk 6</b>	01/06/2026 Amy Fuss	02/06/2026	03/06/2026	04/06/2026	05/06/2026 Lucy Pedler Tegan Stephens
<b>Wk 7</b>	08/06/2026 <b>PUBLIC HOLIDAY</b>	09/06/2026	10/06/2026 Jenna Hughes	11/06/2026	12/06/2026 Katrina Phelps Claire Mickan
<b>Wk 8</b>	15/06/2026	16/06/2026	17/06/2026	18/06/2026 Hayley Ness	19/06/2026 Cathy Haarsma Alisha Elliott
<b>Wk 9</b>	22/06/2026	23/06/2026	24/06/2026	25/06/2026	26/06/2026 Cathy Haarsma Sara Doudle
<b>Wk 10</b>	29/06/2026	30/06/2026	01/07/2026	02/07/2026 Jess Wedd	03/07/2026 Bec Habner Alicia Laube

Thank you for your willingness to volunteer at the Canteen.

**The Canteen volunteer hours are as follows:**

- Monday to Thursday: 12:00 PM – 2:00 PM
- Friday: 11:30 AM – 2:00 PM

If you cannot work on your scheduled day, please arrange for your own replacement or swap shifts. Your assistance is greatly appreciated.

**Important Notes:**

- All volunteers must possess a current Working with Children Check, complete RRHAN-EC Training, and fulfill the DO FOOD safety requirements.

**For any inquiries, you can reach the Canteen contacts at:**

- Tegan Cunningham: 0428 512 067
- Pennie Baker: 0428 968 962
- Cathy Haarsma: 0427 762 309